

# Year of activities await kids of all ages

# Y

***“Take advantage of these activities... and I know you’ll have fun.”***

*Linda Laws*

In addition to the excellent facilities on base for young people, there are also many facilities in the local community to take advantage of - especially if you are living out there on the economy.

## ***Sports and leisure centres***

Sports centres can offer a variety of activities, from swimming to racquet sports, all year round. Many have out-of-school clubs and activities for young people.

## ***Local sports centres include:***

**Bury St. Edmunds Leisure Centre, Beetons Way.** Tel: (01284) 753496. The centre has three swimming areas (one with slides), a sports hall, a climbing wall, a weight and fitness training facility, sporturf all weather pitches and saunaworld.

**Crown Pools, Crown Street, Ipswich.** Tel: (01473) 219231. This facility is a three-pool complex and including a leisure pool with wave making machine and waterfall fountains.

**Hunstanton Oasis, Promenade, Hunstanton, Norfolk.** Tel: (01485) 534227. This facility includes indoor and outdoor leisure pools, an aquaslide, a whirlpool spa and a cafeteria.

**Norwich Sport Village and Broadland Aquapark, Drayton High Road, Hellesdon, Norwich, Norfolk.** Tel: (01603) 788912. The sports village offers indoor and outdoor tennis, squash, has a multi-sports hall and a health and fitness centre.

## ***Roller skating***

**Skate Rollerworld, Eastgates, Colchester.** Tel: (01206) 868868. Claims to be Europe’s finest roller skating rink. As well as offering skating, you can have serious fun with a laser gun in Quasar at Rollerworld.

**Rollerbury, Station Hill, Bury St. Edmunds.** Tel: (01284) 701316. Provides a great local skating opportunity. Skating lessons available. There is also a play area for younger children.

## ***Ice skating***

**Riverside Ice and Leisure Centre, Victoria Road, Chelmsford.** Tel: (01245) 269417. In addition to an ice rink, this facility offers other sporting opportunities.

**Peterborough Ice Arena, 1 Mallard**

**Road, Bretton, Peterborough.** Tel: (01733) 260222. Open for session skating - call the number for opening times.

## ***Water sports, other outdoor sports***

**Mepal Outdoor Centre, Ely.** Tel: (01354) 692251. The centre offers sailing courses, climbing, archery, canoeing and has an artificial caving system.

**Channels Watersports Centre, Alexandra Lake, Lakeside, Thurrock.** Tel: (01708) 865745. The centre offers dingy sailing, windsurfing, mountain biking, canoeing and diving. *Note: This facility is part of the huge Lakeside Mall complex so, while mum and dad are shopping, children can enjoy these sporting activities. Also, there is a Warner Bros. seven-screen cinema complex.*

## ***Cinemas***

You will find cinemas in most of the larger towns in the community. In the cities you will normally find cinema complexes with multi-screen showings.

**Warner Theatre’s, The Grafton Centre, Cambridge.** Tel: (01223) 460225. Tickets can be purchased in advance by phone.

## ***Theme parks***

Around Easter is when many of the theme parks “open their doors.”

**Thorpe Park, between Staines and Chertsey (south west of London - Exit 11 or 13 off M25).** Tel: (01932) 562633.

**The American Adventure, Ilkeston, Derbyshire (Exit 26, off M1).** Tel: (0773) 769931

**Pleasurewood Hills Family Theme Park, near Great Yarmouth, Norfolk.** Tel: (01502) 513627



***For more information about living in Britain, call me Linda Laws at Ext. 3145.***